

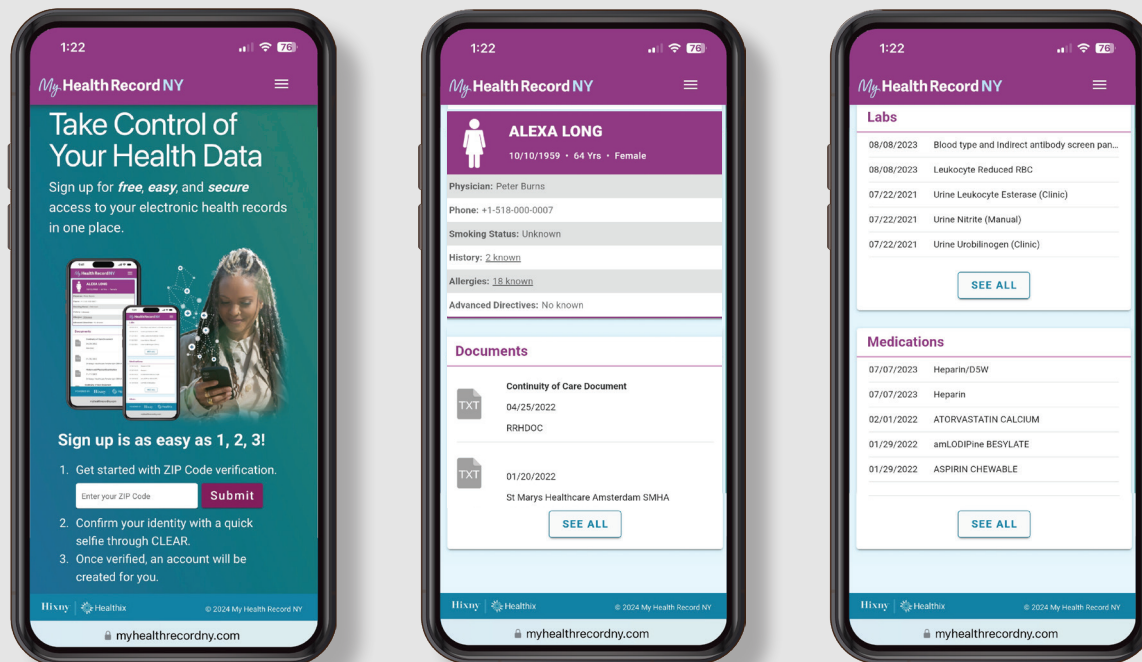


# One *portal.* One *you.*

Take control of your medical records  
[myhealthrecordny.com/sign-up](https://myhealthrecordny.com/sign-up)

Unlock the power of your health with direct access to your records in New York! Take control, stay informed, and make empowered decisions for your well-being today.

[www.myhealthrecordny.com/sign-up](https://www.myhealthrecordny.com/sign-up)



# My Health Record NY

Direct access to health records empowers individuals to take a more active role in managing their health, improves communication with healthcare providers, enhances care coordination, and contributes to better health outcomes.

New York State privacy requirements and reliable identity verification ensure that your records are securely and safely available to you anytime and anywhere you need them.



Scan the QR code to get started!

[myhealthrecordny.com/sign-up](https://myhealthrecordny.com/sign-up)

My Health Record NY is a secure online web service available to anyone who has received care in New York State. If your care provider shares data with [Healthix](#), the New York City/Long Island Health Information Exchange (HIE) or [Hixny](#), the HIE that serves the greater Capital Region, your treatment information may be found in My Health Record NY. Accessing the My Health Record NY is a free service provided by Healthix and Hixny.

## Contact Customer Support

Visit <https://cx.healthix.org/contact> or call 1-877-695-4749